

SPECIAL COMMUNICATION

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Charles C. Fulton (1900-1992), Microcrystal Test Pioneer

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ABSTRACT: Charles C. Fulton was a pioneer in the development of non-aqueous media for microcrystal tests for drugs. His career commenced in the "Untouchable" era of Prohibition and his record of publications began when forensic science literature as such was non-existent. His efforts in drug identification lead him to develop many new reagent media, keep pace with the rapidly expanding number of drugs in the post-war era, and contribute his science to combatting international drug trade by identifying opium sources for the newly created United Nations Secretariat. He authored *Modern Microcrystal Tests for Drugs*, a text still used in many forensic science laboratories, in 1969, before retiring to pursue eclectic interests including publishing on archaeoastronomy, particularly of the Maya.

With great regret, I report the passing, on November 4, 1992, of Charles Clarke Fulton. Although not a member of the American Academy of Forensic Sciences, nor, so far as I have been able to research, any of the regional societies, Mr. Fulton, author of *Modern Microcrystal Tests for Drugs* and pioneer in the development of non-aqueous microcrystal test reagents, contributed much to forensic sciences.

Mr. Fulton was born on January 22, 1900 in Fairfield, Iowa, the son of Charles J. Fulton, an Iowa State Senator. He graduated with a baccalaureate degree from the Massachusetts Institute of Technology in 1922 with course work concentrated in chemistry and philosophy. For those of us for whom "Prohibition" is strictly an historical event, it is amazing to realize Mr. Fulton's career in the forensic sciences began in 1924 with a position as chemist for the US Department of the Treasury's Bureau of Prohibition, in Omaha, Nebraska. His work in both the identification of controlled substances and illicitly produced alcohol lead to acquaintances with H. J. Anslinger, Commissioner of the U.S. Bureau of Narcotics,¹ and members of the famous "Untouchables" group of Treasury agents. His first publication, "Some New and Improved Tests for Morphine and Related Alkaloids" appeared in the *Journal of Laboratory and Clinical Medicine* in 1928. He served with the Treasury Department's Alcohol Tax Unit and Bureau of Industrial Alcohol, in Minneapolis, St. Paul, and Chicago, publishing over 25 articles on

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both microcrystal and color tests for drugs in clinical chemistry and pharmacy journals, there being in effect no forensic science literature as such. At the time of his first 'retirement' in 1948, he had published articles on the identification of morphine, atropine, cocaine, procaine, heroin, pseudomorphine, opium alkaloids, cinchona alkaloids, Dilaudid, and alkaloids generally. He joined the Division of Narcotic Drugs within the newly formed United Nations Secretariat in 1948. His work on both problems of international drug controls and the identification of new synthetic drugs, such as methadon [sic] and Demerol, continued for ten years, during which he authored a number of articles for UN publications such as the *U.N. Bulletin on Narcotics*.

He returned to Federal service with the US Food and Drug Administration in 1958, publishing tests for colchicine in the *Journal of the Association of Official Agricultural Chemists* and contributing 10 sections to the *Encyclopedia of Microscopy*, including those on chemical microcrystal identifications, forms of microcrystals, origin of opium, purpose of chemical microscopy, reagents for microcrystal identifications, sympathomimetics and central stimulants, microcrystal tests for differentiating O³-monoacetylmorphine, and O⁶-monoacetylmorphine, diacetylmorphine, morphine, and codeine.

Mr. Fulton served under Dr. Milton Helpert, Chief Medical Examiner of the City of New York and one of the founders of the Academy, publishing in Dr. Helpert's *International Microfilm Journal of Legal Medicine* and was with the New Jersey State Medical Examiner's Office at the time he completed *Modern Microcrystal Tests for Drugs*,² contributed to *Acta Pharmaceutica Jugoslavica*, and authored the chapter on Microcrystal Tests in *Handbook of Analytical Toxicology*.

Mr. Fulton retired again in 1970, allowing him additional time to pursue eclectic interests including perfumery, raising exotic animals, mushroom hunting, and butterfly collecting. He continued to publish, authoring "Chemical Microcrystal Identifications" in the *Encyclopedia of Microscopy & Microtechnique*, and penning several articles on Maya architecture, arithmetic, and astronomy. Following the passing of his second wife in 1978, he returned to Minneapolis to live with his son and daughter-in-law, Eugene and Mary Ellen Fulton, in whose home he resided at the time of his death.

Mr. Fulton was a strong advocate of the notion that while the physical instrument of a microscope was used to reduce the quantity of substances needed to effect an identification, microcrystal tests were and ARE chemical methods of identifying chemical substances. Analysis by instrumental methods which identify chemical substances based on their physical properties have their place, but for those not content to be, as E. G. C. Clarke put it in the forward to *Modern Microcrystal Tests*, "a machine minder," microcrystal tests present a rapid, inexpensive, time-tested method of identification with a solid place in the armory of the criminalist.

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